

MONSIEUR GEORGE SPA

*In the basement of the hotel is a delightful spa created by Le Tigre,
French reference for well-being and better living. The services
are tailor-made; massages, fitness and a range of beauty treatments.*

The signatures of the Spa are the "energising" and "relaxation" massage, created by master aestheticians using a high-quality natural organic universal oil. In a vaulted cellar, you can enjoy a Japanese Sauna and a Hammam. An invitation to awaken your inner beauty and reconnect with yourself. Let go and rediscover your breathing and your mind, in harmony and energised.

DAY+ RENEW 80' FACIAL TREATMENT

8 ESSENTIAL STEPS COMBINED WITH SMOOTHING AND MANUAL
MODELLING TECHNIQUES FOR COMPLETE REJUVENATION.

This protocol, available in two versions of 40 and 80 minutes, offers a natural lift, thanks to a combination of exfoliation techniques, myo-lift, intra-oral massage and facial smoothing...

Together with the application of a cotton anti-ageing mask (depending on the duration option chosen), this treatment is the ideal technique for refreshing and reshaping the face, for a 100% natural "plumped-up" effect.



**DAY+ RENEW 80'
FACIAL TREATMENT**

40 MIN - 90 €

80 MIN - 170 €

Each service comes with access to the SPA:
gym, Hammam and Japanese Sauna.

We would be pleased to manage your reservation requests outside of our normal business hours (before 9 a.m. and after 8 p.m.) for a 25% additional charge.

MONSIEUR GEORGE MASSAGE

ENERGISING & RELAXING MASSAGE

A DEEP PERSONALISED MASSAGE ADAPTED
TO YOUR BODY AND SOUL.

Blending several schools of massage from Ayurvedic to Yogic, Deep Tissue to Lomi Lomi, your massage is personalised according to your energy level and will be based on your individual needs whether to relieve stress or jet lag, or to energise and stimulate your mood.

The result? Profound and long-lasting full body relaxation, release of muscle tension, softening of physical and emotional knots. This massage helps it all melt away..

17, RUE WASHINGTON - 75008 PARIS

JAPANESE FACIAL SMOOTHING

JAPANESE FACIAL SMOOTHING IS ALSO CALLED KOBIDO,
WHICH MEANS «TRADITIONNAL WAY OF BEAUTY».

The Kobido facial massage technique is a very old technique that comes to us from the Land of the Rising Sun. It refreshes the facial features and gives it a real glow.

The Kobido massage focusses on the face, but also on the neck, décolletage, back of the neck and shoulders. Draining and purifying the skin of the face, but also softening and relaxing the muscles in all these areas are the visible effect of this massage. Once relaxed, the upper body is discharged from all forms of tension giving a more youthful and relaxed appearance.

Used regularly, Kobido massage helps fight against the effects of aging on the face. It is suitable for all ages and all skin types.

OFFERS & RATES

MONSIEUR GEORGE MASSAGES

RELAXING MESSAGE

50 MIN - 145 €

80 MIN - 210 €

ENERGISING MESSAGE

50 MIN - 145 €

80 MIN - 210 €

JAPANESE FACIAL SMOOTHING

50 MIN - 145 €

80 MIN - 210 €

Each service comes with access to the SPA:
gym, Hammam and Japanese Sauna.

We would be pleased to manage your reservation requests outside of our normal business hours (before 9 a.m. and after 8 p.m.) for a 25% additional charge.

LE SPA BY LE TIGRE RULES & REGULATIONS

The times given in the spa menu are relative to your chosen SPA treatment. To fully benefit from your spa experience, we recommend arriving 10 minutes before your appointment. If there is any delay on your part, we will do our very best to accommodate you in accordance with the day's previously scheduled appointments. If our agenda does not allow us to do so, we would need to shorten your treatment within the time allowed at the same rate.

We strongly encourage you to book at least 24 hours in advance.

For clients not staying at the hotel, a credit card number will be requested as a guarantee. For all clients, any modification or cancellation made less than 24 hours before the appointment will result in a charge of the full amount of the treatment.

In order to welcome you in the best conditions, please inform us of any or all relevant physical states as injuries, allergies and/or pregnancy ahead of your treatment. For your safety, it is preferable to check with a medical specialist before using the steam room and/or infrared sauna.

There are lockers available for your convenience as well as showers and complimentary towels in the SPA by Le Tigre. Monsieur George Hotel does not take any responsibility for lost or stolen items.